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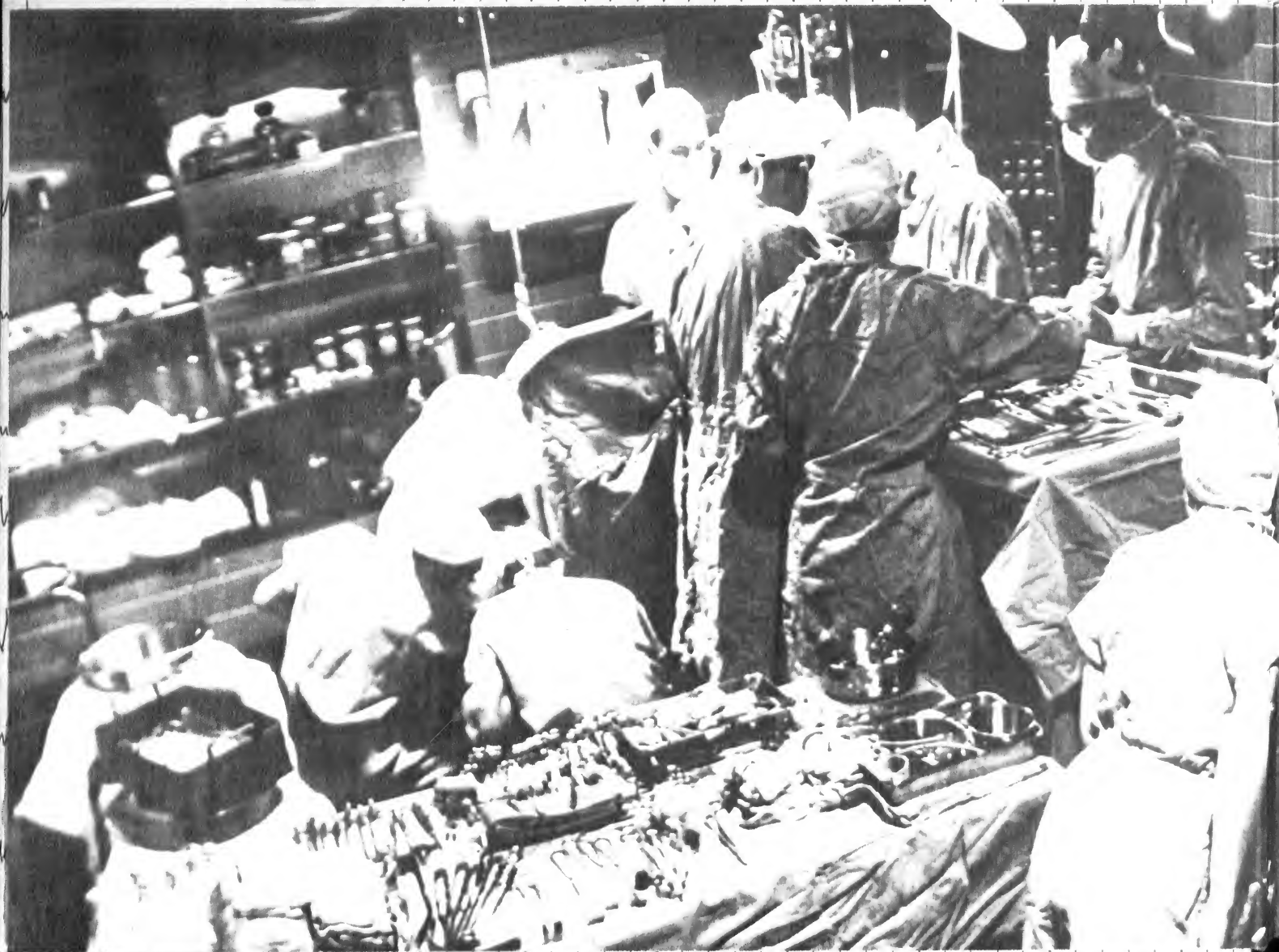
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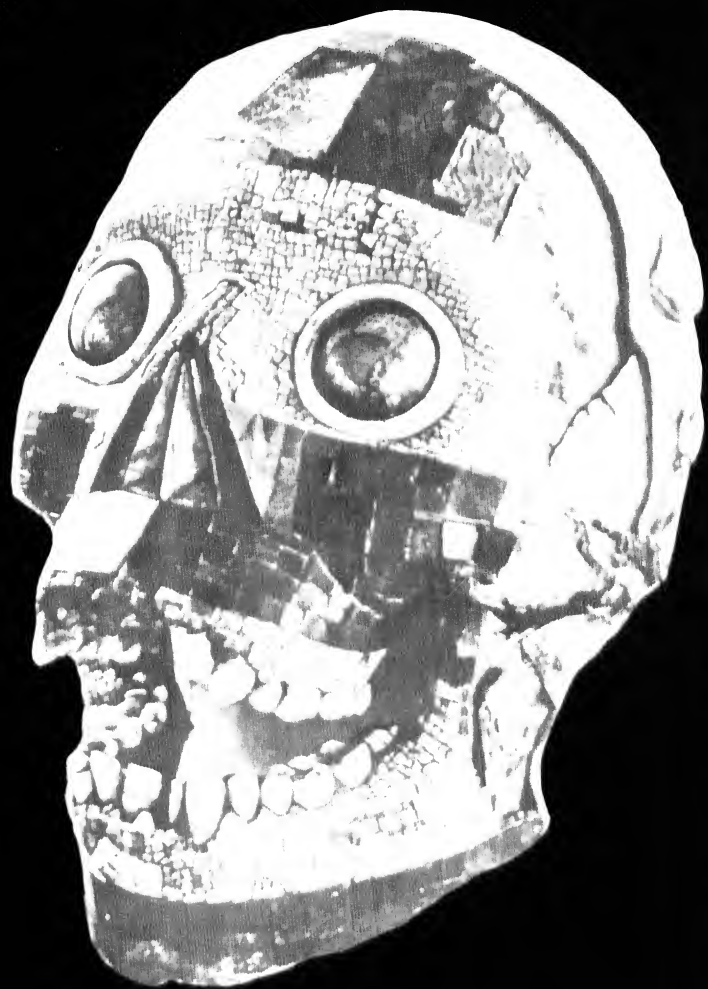




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THE  
GRAY  
MATTER



published annually by the students of the  
bowman gray school of medicine of wake  
forest college, winston-salem, n.c. volume  
twenty, june, nineteen hundred sixty four

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**editor**

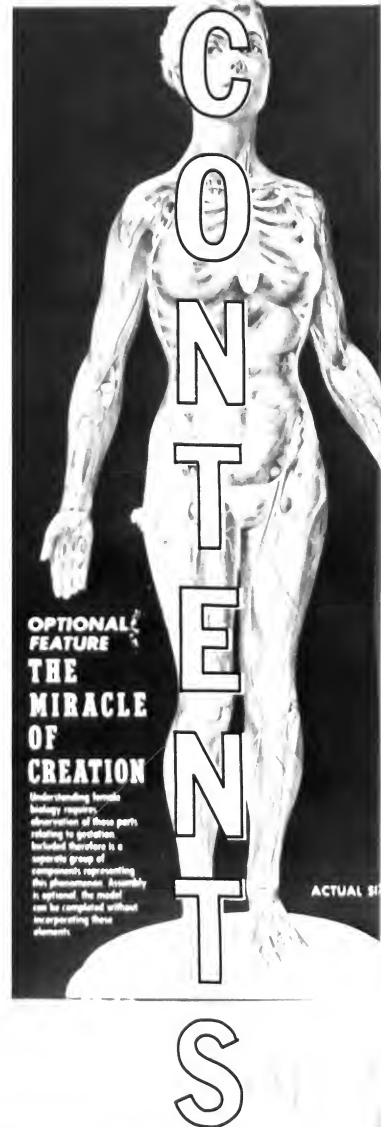
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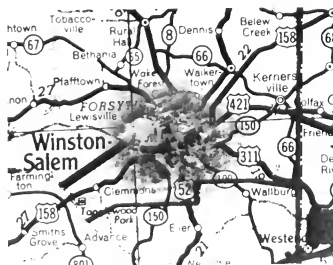
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# DEDICATION



This edition of The Gray Matter is dedicated to a teacher. It is dedicated to that one faculty member above all who the Class of 1964 felt contributed most as a teacher toward their education and professional maturity as they became Doctors of Medicine.

What ideally denotes the great teacher? The true mark of a great one is how well he creates within the minds of his students the desire to learn. As an intellectual leader he does not seek to force upon his followers the sum total of his accumulated wisdom nor the fruits of his vast and varied experience; instead, he seeks to present in an objective manner concepts and observations and to allow the interested student the opportunity and the challenge of self-education.

For him it is not necessary to force wisdom upon his followers. His counsel is much sought after, for, by precept and example he embodies the age old concept of the True Physician. As Plato described him, "The True Physician is also a ruler having the human body as a subject."

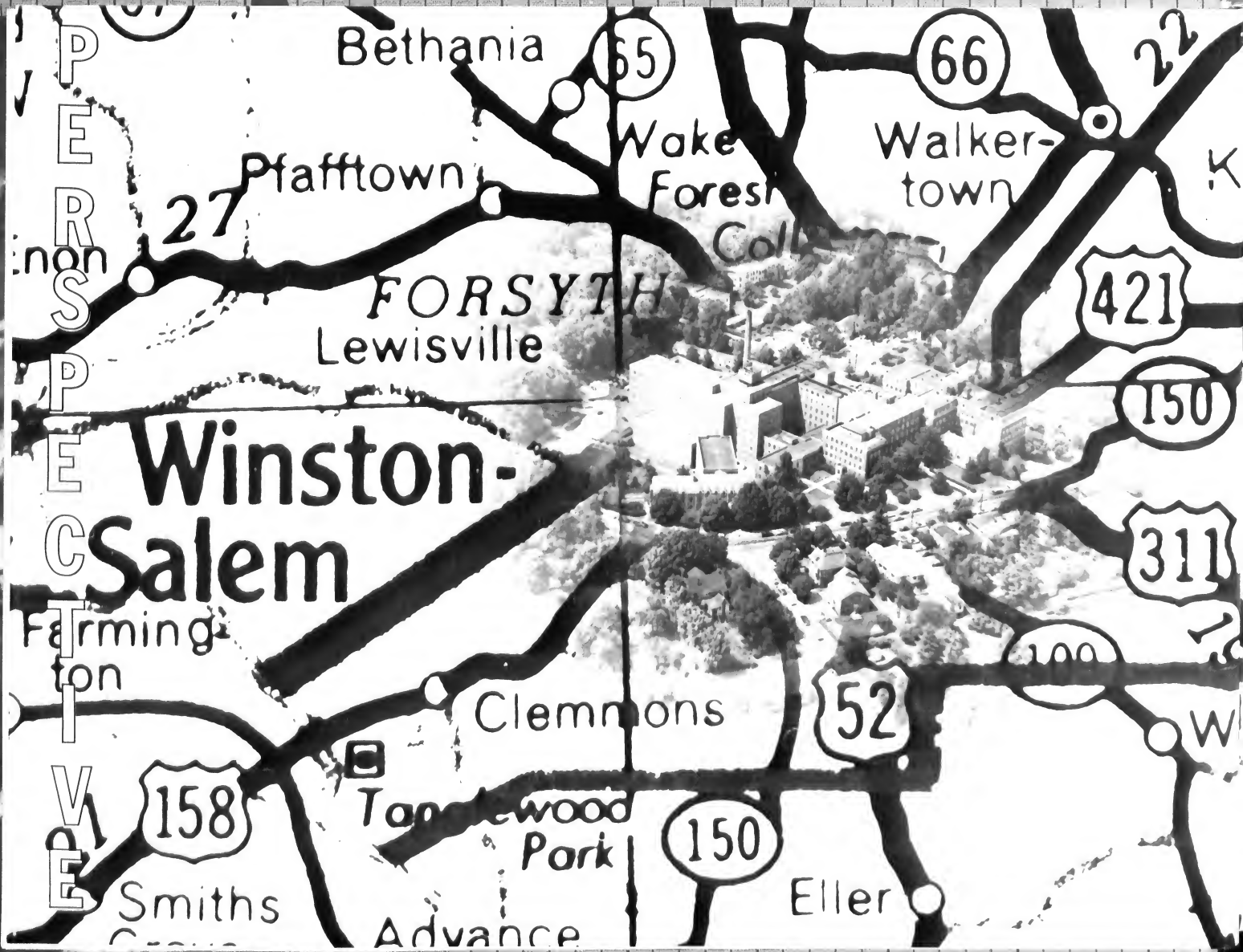
The choice of the Class of 1964 fulfills these requirements. He is primarily an academician, the author of more than 75 papers, and his accomplishments in this field have brought him national recognition and acclaim. He is also a clinician who "sees" each year several thousands of patients.

He has not tried to force wisdom upon us, but his advice and counsel have been much sought after and freely given to those who have taken advantage of his frequent invitation to "Come in and sit down." We will leave his influence with an appreciation of the importance and rewards of self-education. He has taught us well.

It is, therefore, with great pride and a due sense of appreciation that we present and dedicate this book to **Dr. Isadore Meschan.**

ISADORE MESCHAN, M.D.





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Bethania

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Pfafftown

Wake  
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Walker-  
town

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Salem

Farmington

Clemmons

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Park

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Smiths

Advance

Eller

W



All roads leading  
Coming from the nation  
Plains and cities, mountains, sea coast  
Future doctors to be born.  
Small towns and large sending forth  
Products of their environment  
Sons and daughters of these times  
In future times  
To heal







Awed eyes peering  
 Through airs of nonchalance.  
 Names now unfamiliar, soon no more so  
 Signing papers, forms and checks.  
 Meetings  
 Tours  
 Welcoming speeches  
 Causing interminable delays  
 Each one preventing us from  
 Studying Medicine.



Unfamiliar tools acquiring  
For still more unfamiliar tasks.  
Beginning with a rude familiarity  
Emerging with a crude dexterity.  
Through the microscope  
Now seeing yet still unseeing  
Among the intertwining strands of  
Cotton candy.





All times dwelling  
On the future—  
Books, patients, medical practice  
Prospects of things dramatic  
Healing mankind and saving lives  
But making first the great transition  
From the living  
To the dead.





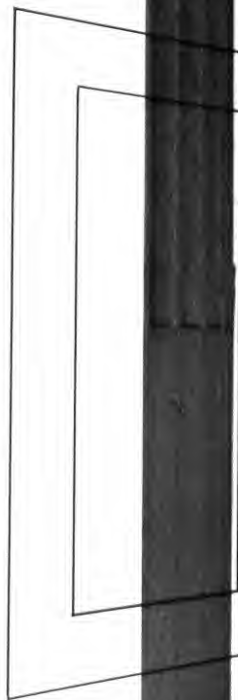
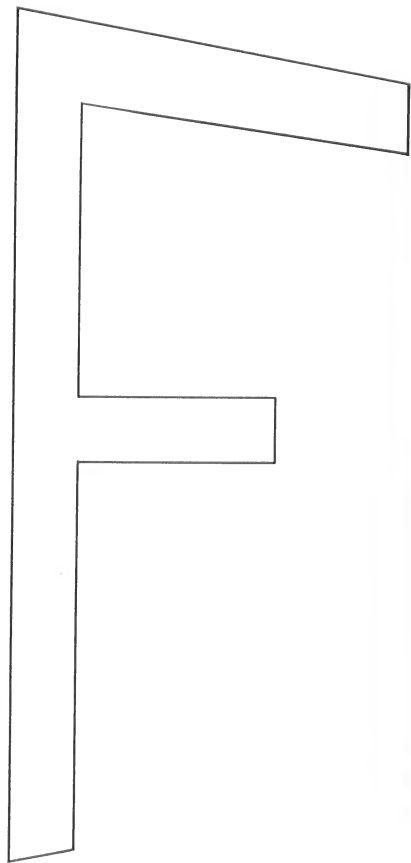






All men seeking  
Sources of wisdom  
Each one with a goal in sight  
Each one striving upward  
Seeking to carve a niche in **TOMORROW.**  
Four short years to gain the key  
And perhaps the ability  
To learn.







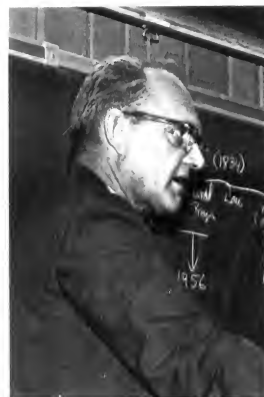
# on . . .

- 18 administration
- 20 preclinical  
departments
- 25 clinical  
departments
- 38 house staff
- 40 students
- 65 activities

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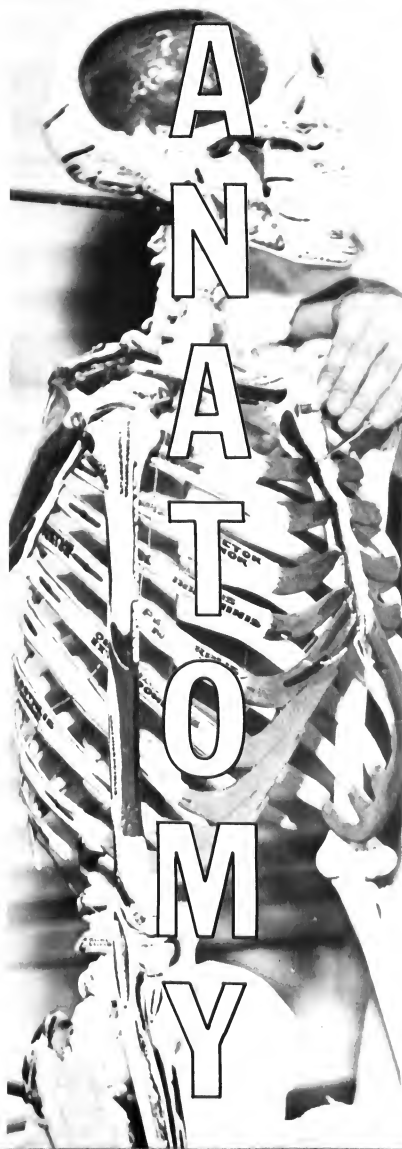
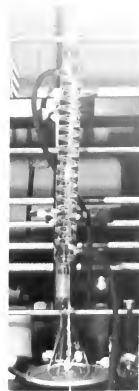
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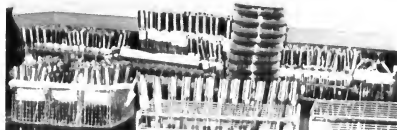
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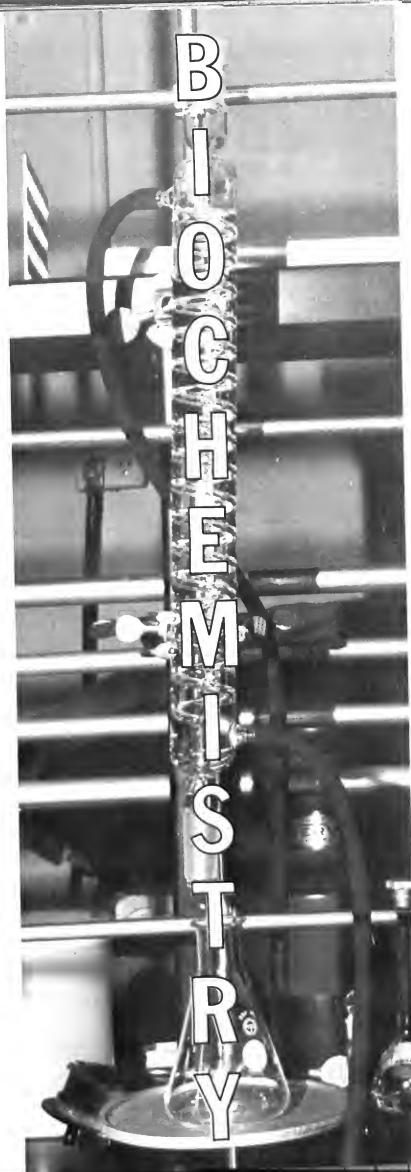
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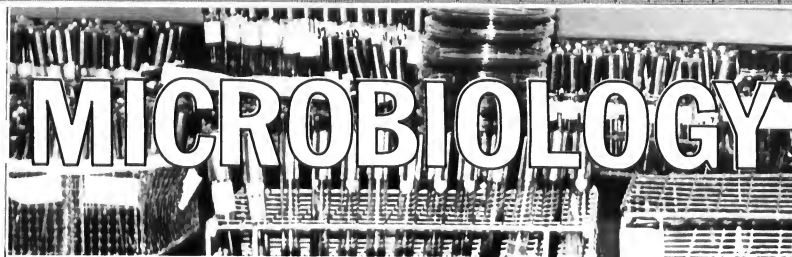
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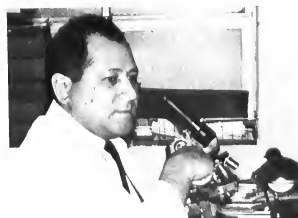
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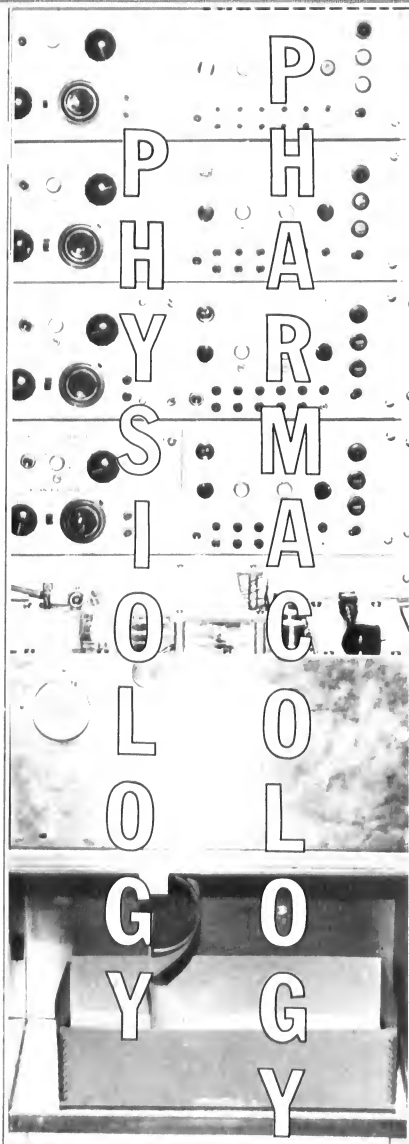
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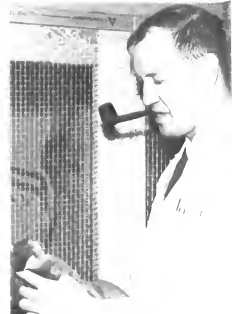
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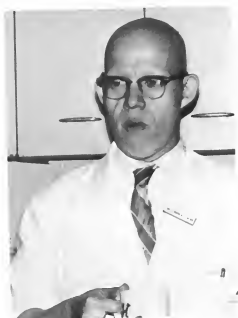


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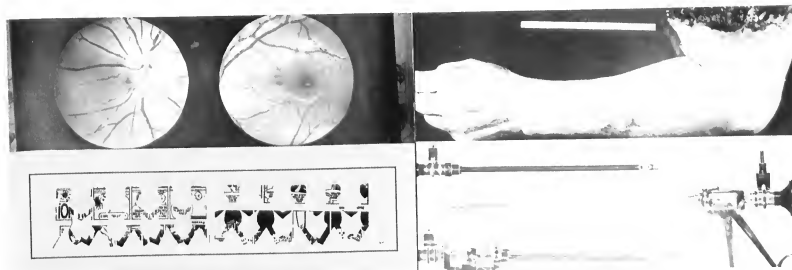


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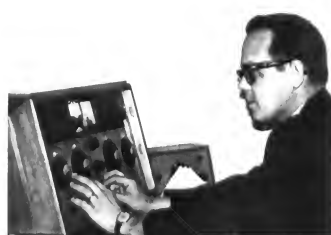


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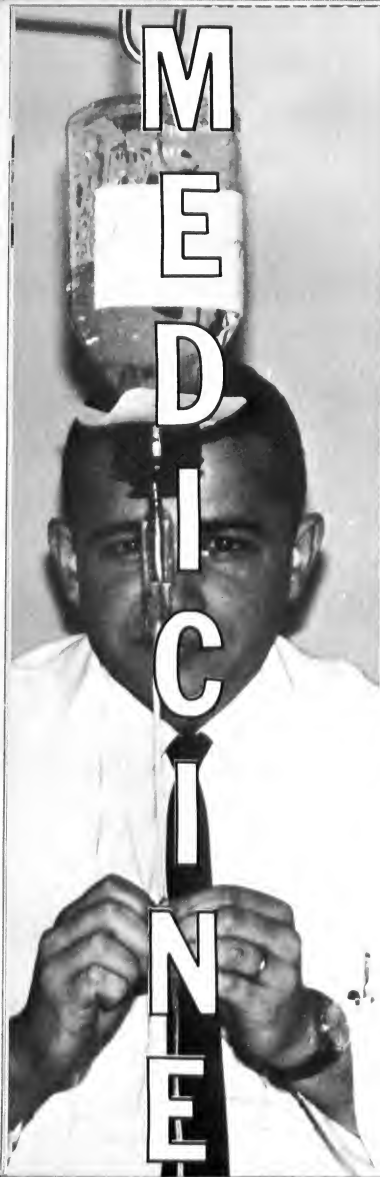
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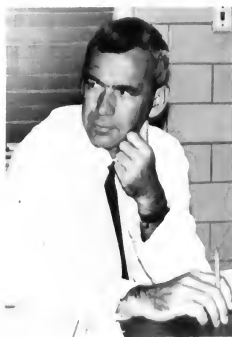
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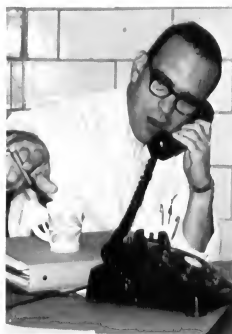
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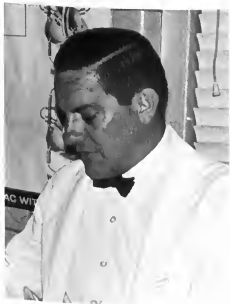


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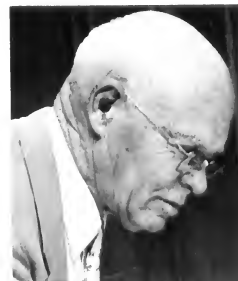
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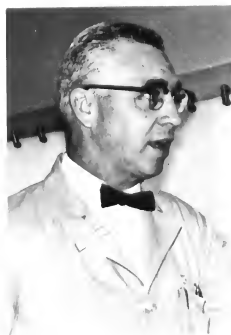


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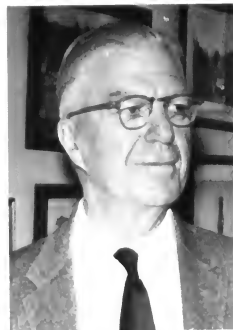
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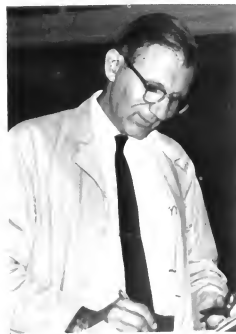
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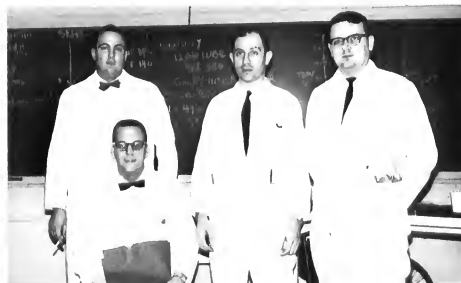
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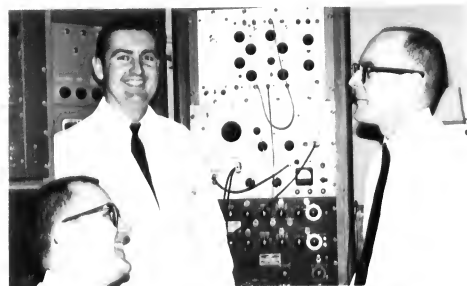
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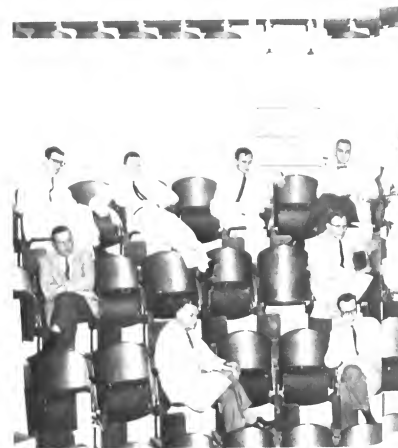
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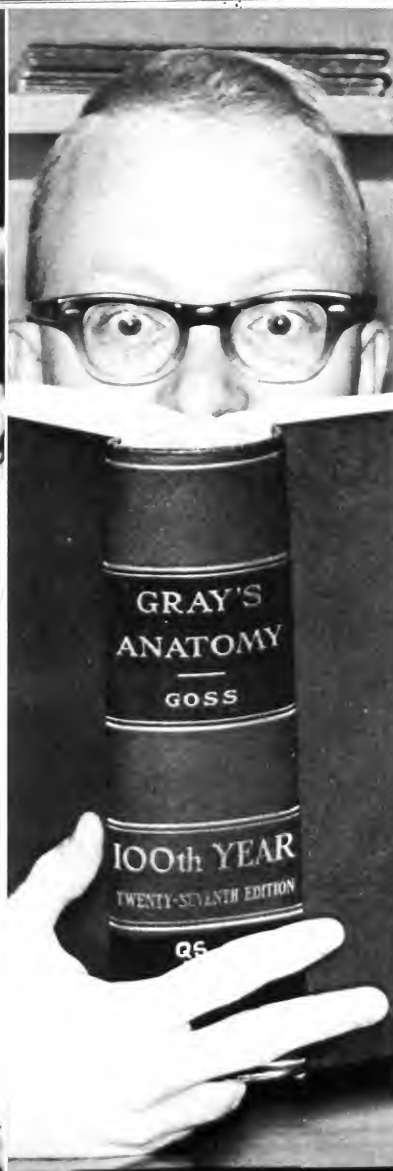
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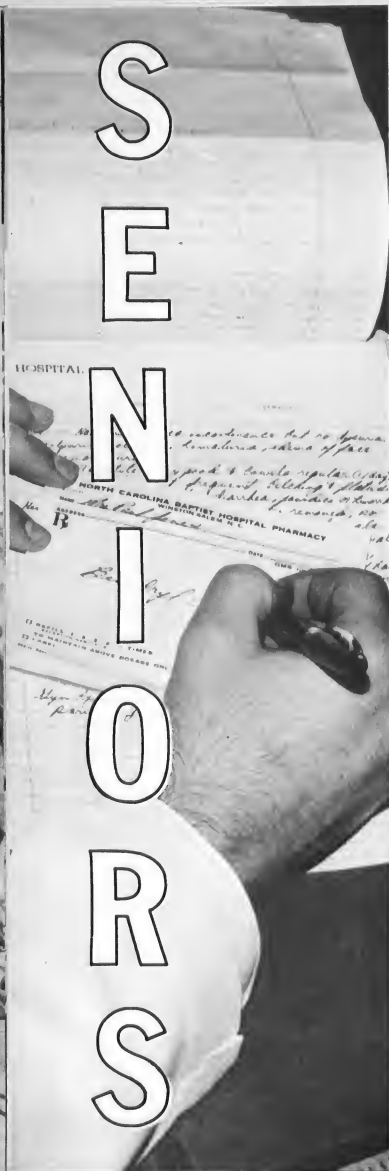






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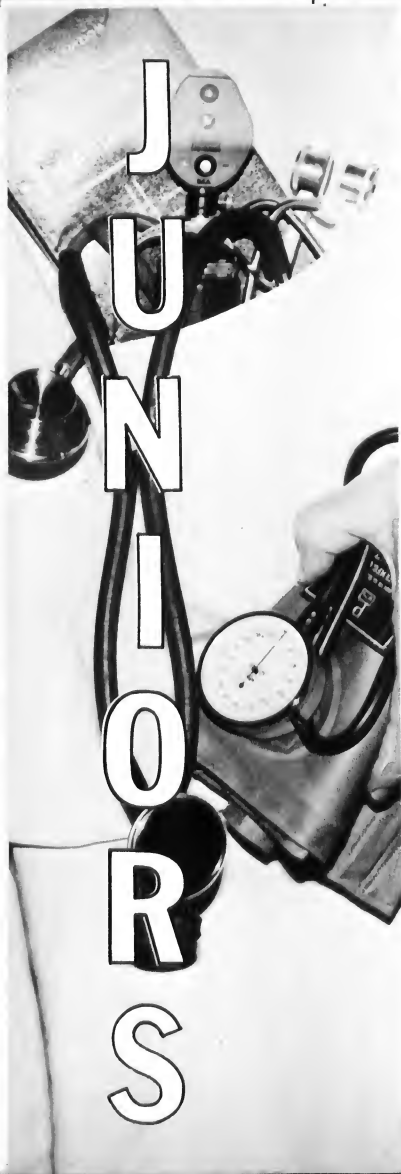


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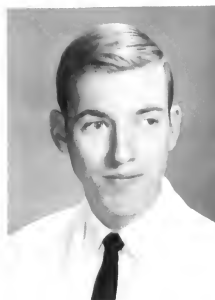


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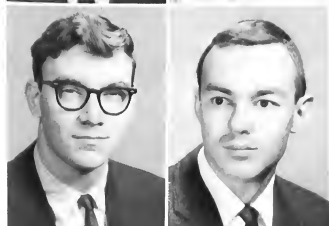
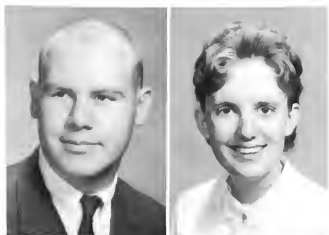


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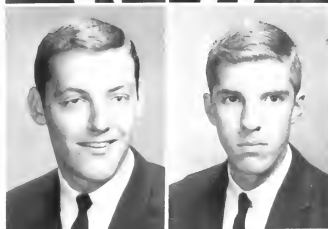
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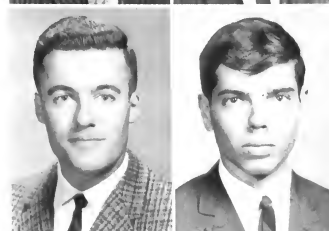
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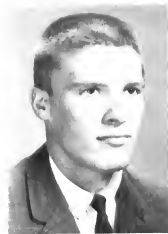
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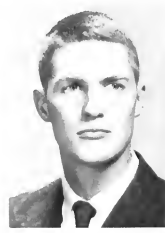
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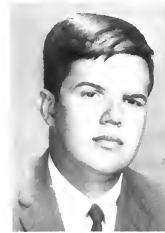
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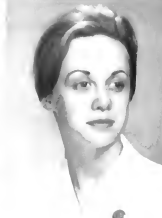
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CAMILO PORCIUNCULA



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Chairman, Committee on  
Graduate Studies



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BARBARA MIDDLETON



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PAULA MacPHERSON



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ROSENBLATT



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PHYLLIS NEWPORT  
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MARILYN McGRATH



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Director

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CAROLYN EDWARDS



ANN BATES



ZELMA A. KALNINS, M.D.  
Assistant Professor



LORETTA EICHORN  
Instructor



MARARUTH COX



PAT BREEDIN

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## seniors



JUDY FRANKLIN



CHARLES GRIGG



JAMES JOYCE



LEWIS MCGEE



SUE MATTHEWS



ANITA MORGAN



GARY MULLINS



KIT OSBORNE



IRENE RUSH



ROLENE WARD  
Chief Technician

# juniors



JO BECK



DONNA BENNETT



CATHY CASS



HARRIET CRAVEN



SARAH HENRY



VICKI HIATT



DANNY JONAS



LINDA LIVINGSTON



KAY OGBURN



KAY ROTHROCK



MARY JANE TUTTLE



KATHERINE UPCHURCH

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KOKIKO IMAMURA  
Director



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BARBARA LEE BOISSEAU



CAROL CUMBO



MARTY FALES



NICKI GAGALIS



REBECCA KENDRICK



CLAUDIA KERNS



BARBARA PARKER



LOUISE SELLERS



PEGGY WILSON



BECKY TRAYLOR



# ACHIVITIES

HONORARIES  
ORGANIZATIONS  
PUBLICATIONS  
FRATERNITIES  
SPORTS

The  
**Alpha Omega Alpha**  
FOUNDED BY WILLIAM W. ROOT  
**Honor Medical Society**

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 DAVID LeGARDE  
 McCULLOUGH  
 CHARLES WAYNE CURL

ROBERT WILLIS HEDGER  
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 MATTUCCI  
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 EDMUND PENDLETON  
 GAINES, JR.  
 ANTHONY JAY CHAPMAN





# S A M A

... is the local chapter of the Student American Medical Association. It sponsors lectures and programs, among other things, and also serves as a liaison between the students and the Dean. Its officers are hard-working, dedicated and enthusiastic men whose capabilities have been proved many times over by their success in obtaining on behalf of the students major concessions from the administration. These young men occasionally attend national conventions at which they spend long hours in smoke-filled rooms seeking to solve some of the problems which beset medical students.

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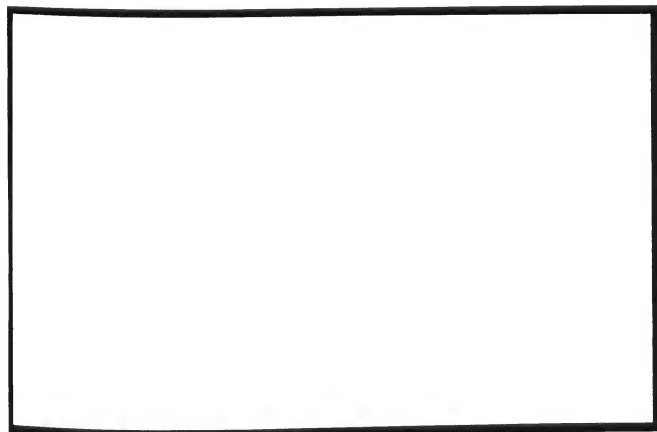


**SAMA OFFICERS 1963-1964:** President, Mark Harrold (contemplating); Vice-President, Tom Blackburn (straw broom); Secretary, Al Baker (push broom); Treasurer, Tom Long (shovel).

# Frederick R. Taylor Society



## History of Medicine



The Frederick R. Taylor History of Medicine Society is composed of interested students and faculty members who meet together regularly in order to discuss some aspect of the history of Medicine. Their frequent meetings are usually well attended and many interesting programs have been presented in the past. We were fortunate enough this year in being able to obtain and print in this book a picture of all the meetings held during the past year.

# WINGATE JOHNSON SOCIETY



The Wingate M. Johnson Medical Society is a member organization of the Christian Student Fellowship. It provides an opportunity for meetings and discussions by students and faculty members interested in the social, religious and philosophical aspects of medicine. Chaplain Everett Gill and officers Carolyn Virden Brown, Al Gima and Sid Kreider stand under the watchful eye of the Society's late founder.

# THE GRAY MATTER

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**WILLIAM J. WORTMAN, JR.**  
Editor



**ALAN R. SHALITA**  
Business Manager



The Bowman Gray School of Medicine has recently begun a major expansion program which, when completed, will almost double its facilities and enrollment. It is fast growing and taking its place as one of the great medical centers of our country. It deserves to be represented by the best which we, its graduates and future graduates, have to offer. One of the means by which we represent ourselves to other schools is through our publications, for by them we reflect, in part, the attitudes, abilities and achievements of our student body. This is especially true in regards to our yearbook because the story which it has to tell is told mainly by pictures. In the past we have been bound by necessity and tradition to a fairly nondescript series of annuals, produced with insufficient funds by students with little time to spare for such endeavors. In general, however, we have done well for a student body of less than 200 students, and a yearbook staff of as few as two persons. Unfortunately, our basic philosophy has been that of so many yearbooks—of cramming as many pictures as possible into as small a space as possible with little regard to context or continuity. It has been a philosophy of expediency.

We have again this year published a book with funds insufficient to carry out all our plans, and we can assure you that most of the work of doing so has fallen upon two students who have had little time to spare for it. In producing this edition of *The Gray Matter*, however, we have attempted a more organized approach in telling our story. Our book is divided into three parts, **PERSPECTIVE**, **FOCUS** and **REFLECTIONS**, each representing some aspect of **VIEWPOINT**.

**PERSPECTIVE** depicts the student's arrival at Bowman Gray and those things which immediately occupy his time. **FOCUS** brings into view the people and departments which play the major role in instructing us, as well as the various student groups with which we have come in contact and of which we have been a part. It is, I believe, the first year in which we have succeeded in obtaining and printing a formal portrait of every student in both the medical and paramedical schools. The last section, **REFLECTIONS**, is a backwards look through that well used retrospectroscope, recalling some of the things which we have seen and done along the way. It ends, as our four years in medical school themselves end, on a note of nostalgia.

We have tried to describe in words and pictures a student's passage through the metamorphosis by which he transforms from the neophyte to the Doctor of Medicine. There is humor mixed with seriousness as well as an occasional pointed jest, but the whole thing is meant to be taken in the spirit of fun. There are very few words in our book. The story is told mainly through pictures. In order to accomplish this more effectively we have found it necessary to change a few things, as well as to enlarge the book. We feel that we have made some major improvements, but we also realize that we have accomplished only about 60% of that which we set out to accomplish. This yearbook is not the best it could be, nor is it the best which Bowman Gray students will ever publish, but it is hoped that it will be the beginning of something new, different and better. Like the study of Medicine itself, it is a continuing challenge.

If I may be personal for a moment, this book and the work which has gone into its preparation is, in a small measure, my way of paying tribute to the class of which I have been a part, the faculty which has taught us so well, and the institution which has brought us all together. It is small payment for a large debt.

*Wm. W. Woodward*

# Research and Reviews

*A Journal of Student Investigation of  
The Bowman Gray School of Medicine*

WINSTON-SALEM, NORTH CAROLINA



## CO-EDITORS



MARTIN W. GRAF



WILLIAM R. GRIFFIN, JR.

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1963-1964

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Gregory Brundos



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Thomas Long III



Jimmy Marshall



Darrell Thorpe



Jon Eberhard



Rodger Eidson



Thomas Eshelman



Anthony Smithson



John Stevenson



## SPORTS

Is a form of relaxation.  
It helps us to relieve tensions.  
Some play it outdoors.  
Others play it indoors.  
We often participate.  
We sometimes win.



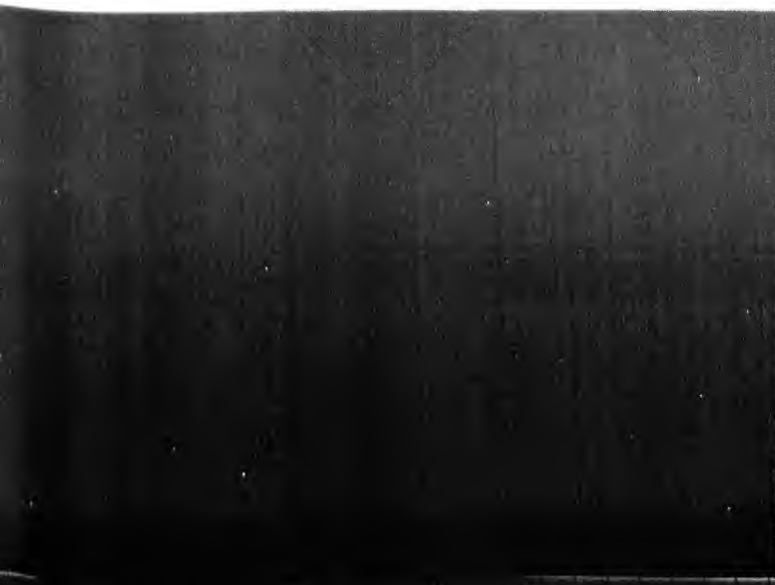
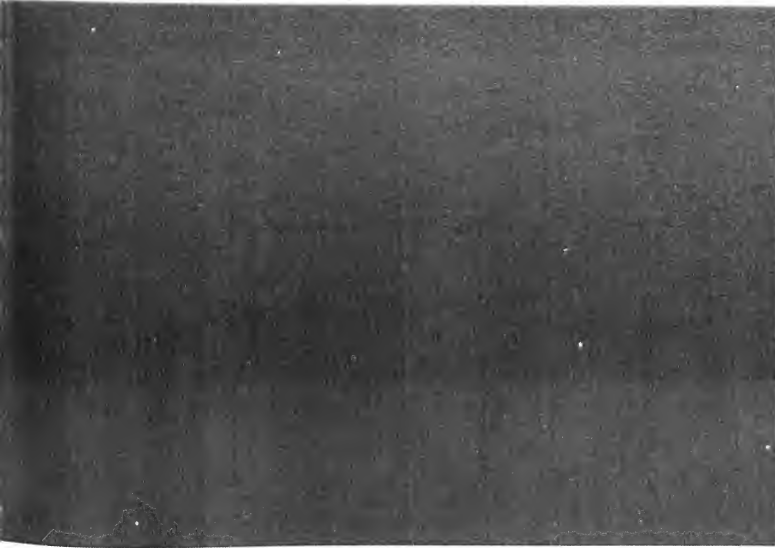




REFLECTIONS

We have passed this way  
Having entered, frightened by the door,  
Unknowing, seeking, finding,  
Yet searching even farther  
For knowledge.





We have crawled in darkness through uncharted  
caves  
Awed and alone, the door unfound.  
We have pondered the acorn, needing the oak,  
But through it all we have continued to move  
forward.  
We have lived each one of these things,  
Seen these things.  
Because each of them has become a part of us  
Our lives have been, in part, shaped by these  
things.  
We shall never forget them.



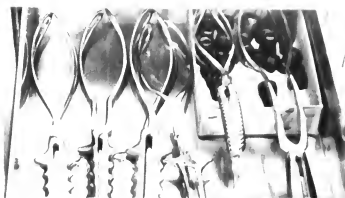
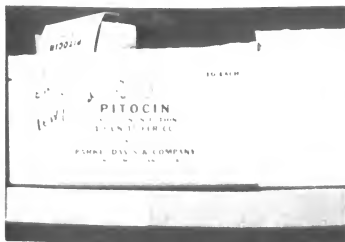




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# HARD WORK









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...

AND







# HORSEPLAY

83





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# SOCIAL





# ASPECTS

85





A medical student is  
Above all things in this world  
Social.  
He befriends a multitude of  
Stray dogs  
Homeless waifs  
Unappreciated musicians  
Nurses  
Nurses' aides  
Ward clerks  
Secretaries  
Attractive psychiatric patients  
With sexual problems  
And occasionally  
Classmates in need.



He spends six days a week  
 Listening to the problems  
 Of others  
 While trying all the time  
 To survive until the weekend  
 At which time  
 He will seek to forget  
 His own.  
 His parties are conservative affairs  
 Concocted of a mixture of mild  
 beverages  
 And supplemented by savage noises  
 which  
 After ten stiff rounds of Coke  
 Pass for music.  
 A medical student is  
 Above all else  
 SOCIAL.





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# FAMILIES ...







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# FRIENDS



In the vast time-sweep of infinity  
We are infant-new.  
Learning to walk a little  
We have yet to comprehend.  
The sum total of all our creative endeavors  
Has brought us to this place in time,  
But time is a patient teacher  
And Man has time on his side.  
Dreams and ambitions are, in part, fulfilled.  
It is the end.  
It is also the beginning.





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# LEARN THE





# SCIENCE

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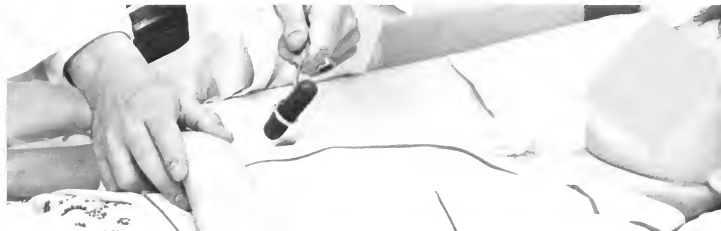




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# PRACTICE





# THE ART

95

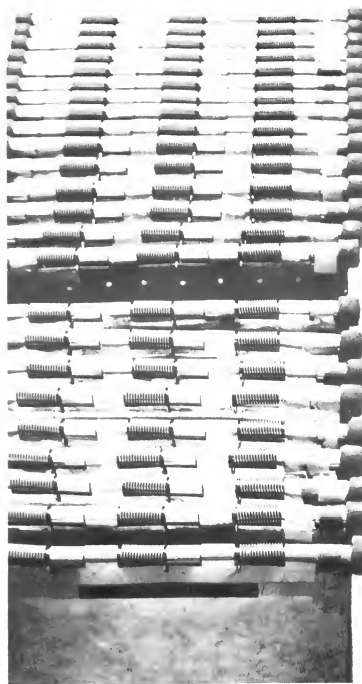


ALL OUR YESTERDAYS  
ARE HAZY GHOSTS...





## ...MEMORIES OF THE MISTY PAST





... REFLECTIONS

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# N. C. BAPTIST HOSPITAL SCHOOL OF NURSING

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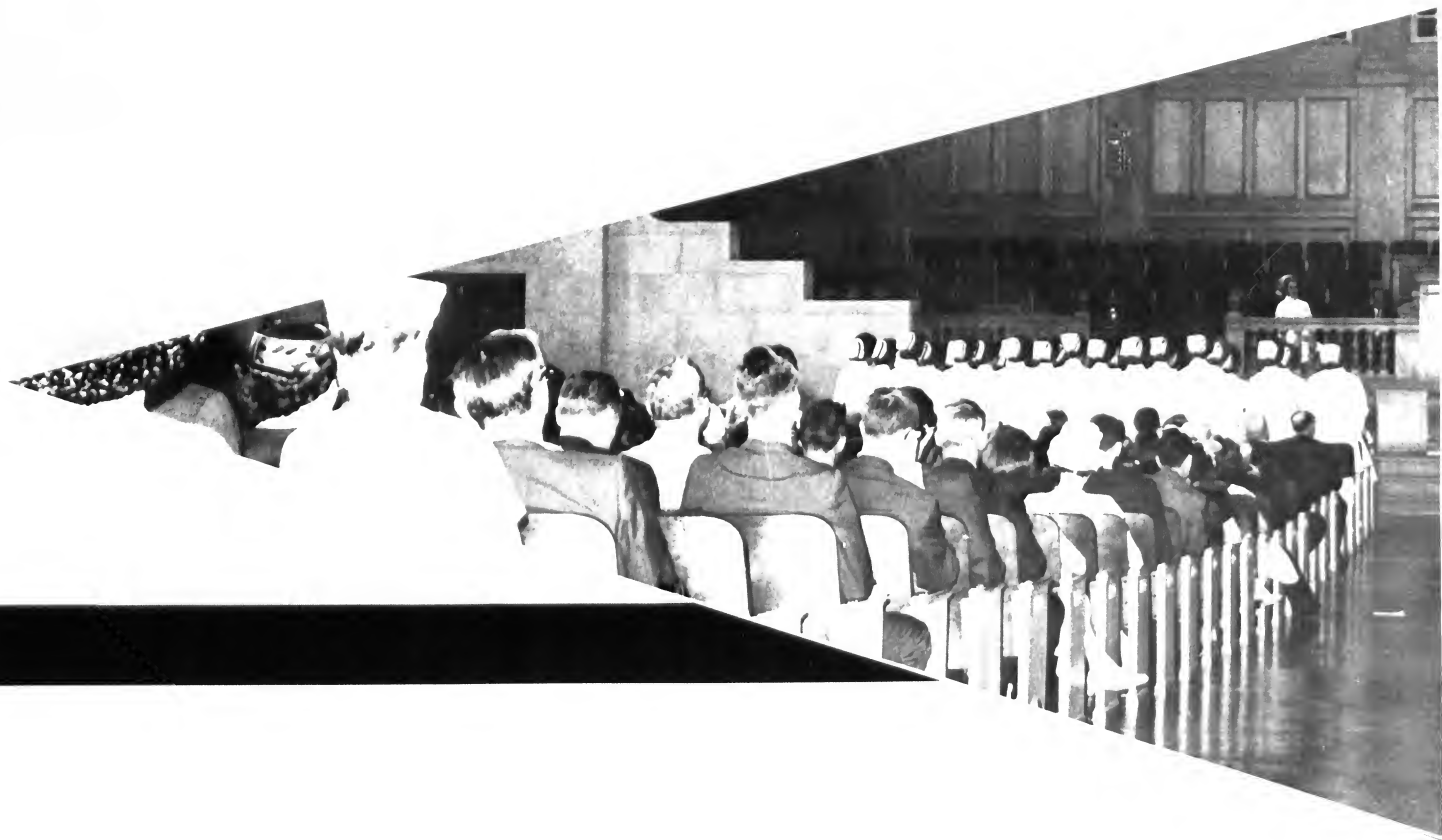
BUSINESS MANAGER

Mary Kerr

1964 • •



**WHITE MATTER**



For some of us it has been three, for others two, and still others one year, since we embarked upon the sea of life — to seek a higher learning than that of high school or college to attain the goal of Registered Nurse. Each of us has memories — some pleasant some not so pleasant — of our experiences at North Carolina Baptist Hospital; but as the years go by, we will tend to forget the not so pleasant and retain the pleasant. It is with this thought in mind that this yearbook is presented to you, the future nurses of America! May it be added to your collection of memories and serve to remind you in years to come of your days at NCBH!







### Dedication

"Will you please come check this blood pressure — I can't even palpate it?" . . . "We have a problem concerning Jr.-Sr. — What are we to do?" . . . "Have you any suggestions for a class gift?"

Questions such as these meet her every day. Yet in the midst of her schedule, she takes the time to give us a word of encouragement and advice. She is never too busy to stop and listen to our problems, and she is one in whom we have the utmost confidence in confiding.

It is with a deep love and appreciation that we present and dedicate to you — **MRS. DELORES FARRALL** — the 1964 edition of the **WHITE MATTER!**

MRS. DELORES FARRALL

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# SENIOR















## WHAT'S IN A CAP?

I was thinking back to my high school days,  
And how nursing had entered my mind.  
And I thought of the caps and the treatment  
trays,  
And the letters R.N. I would sign.  
I thought of the uniforms white as can be,  
And the pin with the letters engraved.  
Yet, how could I know, or how could I see  
That nursing's a road that you paved.  
It isn't your name, it isn't your looks,  
Or your voice, or your hair or your eyes;  
It isn't just marks, or it isn't just books,  
Or the early hours you rise.

It's the smile that a patient has when you're done,  
It's the 'Thank you' he gives for his life.  
It's the cry of the newborn as he becomes one  
Of this great new world and its strife.  
It's the mother whose family awaits her return  
Or the father who's too young to die.  
It's the 'big' and the 'little' things that you learn  
It's the many times you ask 'why?'.  
It isn't the cap but the head underneath  
That makes the nurse what she is.  
It's not the black band or the high honored seat.  
It's the heart that she gives with all this.

Joanne Mercier Lynch, R.N.



MOST PROFESSIONAL  
Susan Dill

WITTIEST  
Phyllis Lipscomb



FRIENDLIEST  
Nancy Hort

SENIOR

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BEST ALL AROUND  
Darlene Hickman

MOST TALENTED  
Libby Elias



MOST ATTRACTIVE  
Brenda Ogburn

## SUPERLATIVES



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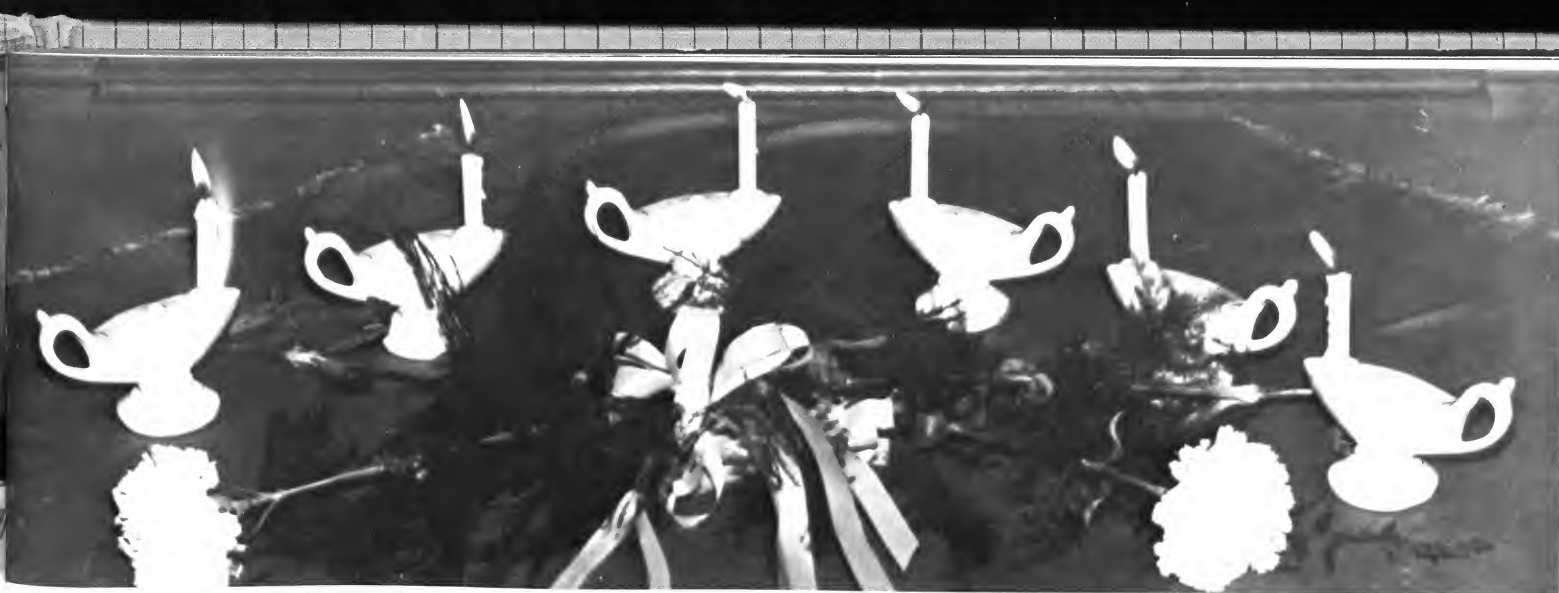
ANN DEBNAM



## SANTA

Santa Filomena is an honorary society for senior students at N. C. Baptist Hospital School of Nursing. It is a way of showing special recognition to those students who have shown qualities of leadership or have made some contribution of betterment toward the school. They must also have demonstrated superior nursing abilities and have a scholastic record of eighty-five or above for the first two years.

The members, not less than five nor more than nine, are chosen and publicly tapped in August by the old members. Santa Filomena has as its main objective to promote better nursing and higher nursing standards.



## FILOMENA

### SANTA FILOMENA

Lo! in that house of misery  
A lady with a lamp I see  
Pass through the glimmering  
gloom,  
And flit from room to room.

And slow, as in a dream of bliss,  
The speechless sufferer turns to kiss  
Her shadow, as it falls  
Upon the darkening walls.

A lady with a lamp shall stand  
In the great history of the land,  
A noble type of good,  
Heroic womanhood.

Henry Wadsworth Longfellow



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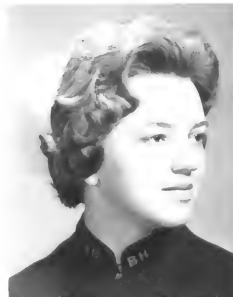
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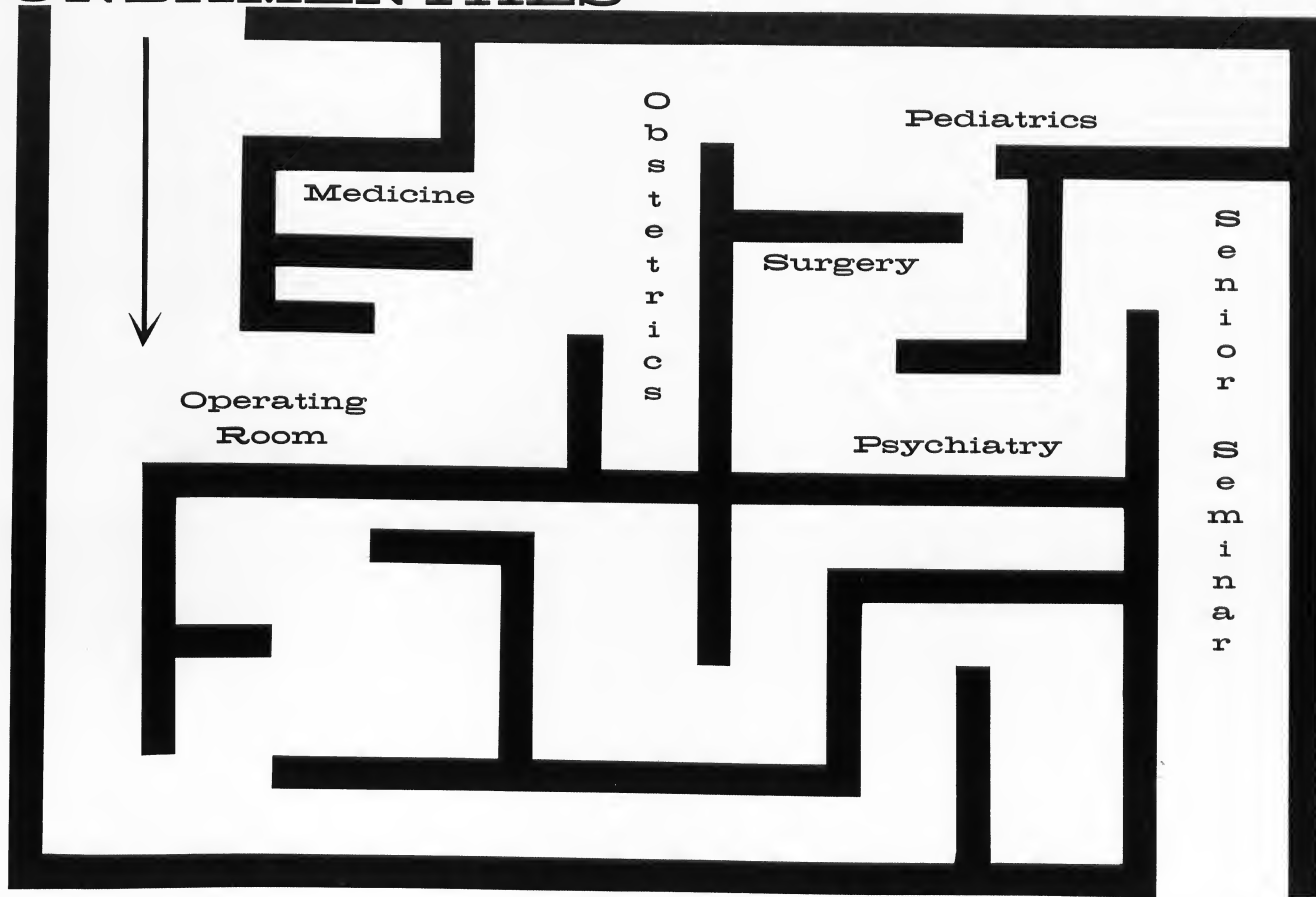
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**NURSING FUNCTIONS**

- (1) Provide physical care and emotional support for ill and disabled; (2) carrying out treatments prescribed by physicians;
- (3) planning with and teaching the patient and family in relation to the restoration and the promotion of health and disease prevention; (4) observing and evaluating the patients response to his illness and care;
- (5) co-ordinating services of all groups contributing to patient and family health care; (6) supervise and teach students and auxiliary personnel; (7) participate in research related to health care.

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## OBSTETRICS







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OPD





## PSYCHIATRY

## DIETARY



Mrs. Brenda Scarborough

Spring Follies Queen of 1963



ELIZABETH ELIAS



GENNY FEREBEE



BRENDA OGBURN



PATRICIA BECK



PAULA WEBB



HELYN FOWLER



BETTY PHILLIPS



SHARON FRANKLIN



PATRICIA BERRIER

Emcee, Dave Nelson, announces an act.



LEFT TO RIGHT: G. Daniels; B. Johnson; A. Jones; D. Martin, Maid of Honor; B. Reid; B. Scarborough, Queen; S. Hunter; A. Hardy; B. Vogt.

## SPRING FOLLIES

The curtain falls as congratulations are heaped upon Miss Spring Follies 1964 and a sigh of delight ripples among the members of the Junior class. The show was a success and they are well on their way to a big Junior-Senior in a couple months.

This scene is relived each year at NCBH as the Junior class goes through months and weeks of worry and planning to make Spring Follies a success. And I am sure as we attend the show we will agree that they reached their goal.

Who will be Miss Spring Follies 1964? We'll have to wait and see, but the choice is going to be quite difficult as the judges view the beauties of our school. Good luck, girls!



"April In Paris"

"Exodus"

## SETTING



"Our Town"

## ACTS



"The Stripper"

## ACTS



"I Can't Say No"

## EVENT

D. Martin, Maid of Honor; B. Scarborough, Queen; Dr. E. Alexander



# CHRISTMAS COURT



Left to right: GAYLE DANIEL, CAROLYN BISHOP, SHARON FRANKLIN, BONNIE REID, TRICIA BERRIER, KAREN PEARCE, JUDY HARDIN



A black and white photograph of a young woman standing indoors. She is wearing a dark, strapless, floor-length gown with a wide, dark sash at the waist. The skirt is full and pleated. She is holding a small bouquet of flowers in her right hand. She has dark hair styled in a bouffant and is wearing a tiara. The background consists of vertical curtains and a wooden bench or piano.

Queen  
GALEND A SLAUGHTER

A black and white photograph of a young woman standing indoors. She is wearing a white, long-sleeved, floor-length gown with a full, tiered skirt and a lace hem. She is holding a small bouquet of flowers in her right hand. She has dark hair styled in a bouffant. The background consists of vertical curtains and a wooden bench or piano.

Maid of Honor  
JEAN MOSLEY

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SHARON HIGGINS, President of  
Student Body



Student Government Meeting



**Nancy Rogers**, President, District IV; **Ginger McCutchen**, Chairman, State Nominations.

**Carolyn Williams**, State Advisor to S.N.A.N.C.

# SHUPENH COOPCH

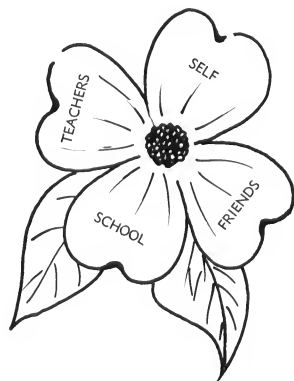


LEFT TO RIGHT, 1st Row: **Hatley**, House Committee Chairman; **McBrayer**, **Robertson**, Freshman Rep.; **Edwards**, SNA Chairman; **Blackwell**, Placebo; **Peterson**, Freshmen President; **Thomas**, Senior President. 2nd Row: **Blackburn**, Junior Rep.; **Beck**, 2nd Vice-President **McCutchen**, White Matter; **Ruffy**, Junior Rep.; **Taylor**, 1st Vice-President.

**Hickman**, **Milburn**, **Haywood**, Student Council Members. ,

**Galenda Slaughter**, State Student Nurse of 1963.





The Honor Council recently sponsored a Hot Dog sale to earn money for their projects. Members gave of their time and effort to make the sale a big sell out. Pictured here is Judy Austin with a pre-sale advertisement.



SITTING: L. Matheson, Freshman Rep.; P. Woody, Senior Rep.; A. Pulliam, President; A. Batchelor, Junior Rep.; A. Shoaf, Senior Rep.; Dodson, Kiger, Advisors; R. Tork, Freshman Rep.

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## HONOR COUNCIL

Matters which might be an infraction of the Honor Code are brought before the Honor Council. The Honor Code is a directive force in each phase of a student's life here. The Honor Code is set up by the Honor Council.





Each year Mr. Dwayne Zimmer, Minister of Education at Ardmore Baptist Church, organizes a Student Nurses' Choir. The Choir sings at various occasions during the year such as chapel services, special programs, and other events.

At least once each quarter, a Student Convocation is held in the Chapel. This brief period of time gives the students and the faculty a chance to worship together. Students and faculty participate.



The Christian Student Fellowship is the religious organization on campus for medical and nursing students. Its over-all purpose is to help students grow in knowledge and understanding of life and of their vocation. Chaplain Gill is Advisor.

The newest addition to our extra-curricular organizations is the Estie Page Society. It is named after one whose courage and determination will always be a memory and challenge to us. Its purpose is to give students an opportunity to discuss current problems of our time and other topics of interest. The organization is headed by Mary Kerr under the advisorship of Chaplain Everett Gill.





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LEFT TO RIGHT: **Havener**, Copy Editor; **McCutchen**, Photography Editor; **Haywood**, Editor; **Moseley**, Copy; **Elias**, Layout Editor. Not Pictured: **Kerr**, Business Manager; **Hardy**, Assistant Business Manager; **Reid**, Business Staff.

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Owen, Copy; Hopson, Layout.

# PLACEBO



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Sue Milburn



CO-EDITOR  
Frances Blackwell







CHRISTMAS

DANCE



J  
R  
S  
R

# 'ROUND



Dimensions Come Forth



Before Fall Quarter Ends



Inspection Check Passed-No Dust!



When Shall We Meet Again?



Another One Lost Again



Freshman



The Winner! Hoorah!



Abide With Me-Summer, Fall, Winter, Spring.



What Did I Do? Help, Nurse, Nurse!

And Then We Clean —

Did You Sign Out Or In? You're Wanted In O.R.



Before —



After—





#### **A NURSE'S PRAYER**

I thank Thee, O Father, for the desire and the strength to serve Thee through serving others. Forgive me when I keep myself so busy ministering to the needs of the body that I forget to minister to the spiritual needs of my patients. As I rush from one task to another, may there yet be a calmness within me which is evidence of Thy spirit motivating and guiding me.

Help me to see how important it is that I take time to pray and to be quiet in Thy presence. May I never labor under the erroneous impression that my busyness, my good works are winning for me a place in Thy kingdom. May these works be but the result of my gratitude for all that Thou hast done for me. May all that is accomplished through nurses for suffering mankind be to Thy glory, O Thou who art the creator and sustainer of all.

Amen,  
Granger Westberg





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Department of Medical Illustration  
Bowman Gray School of Medicine

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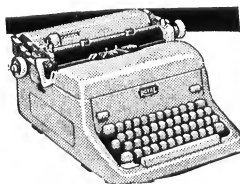
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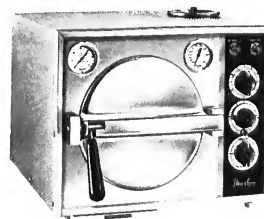
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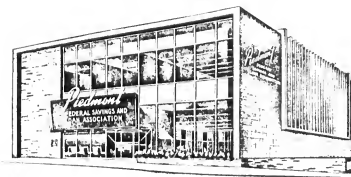
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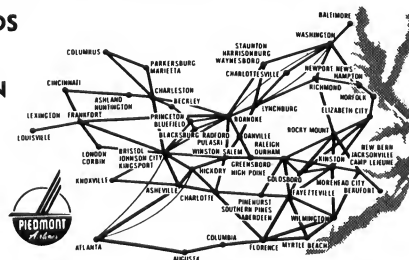
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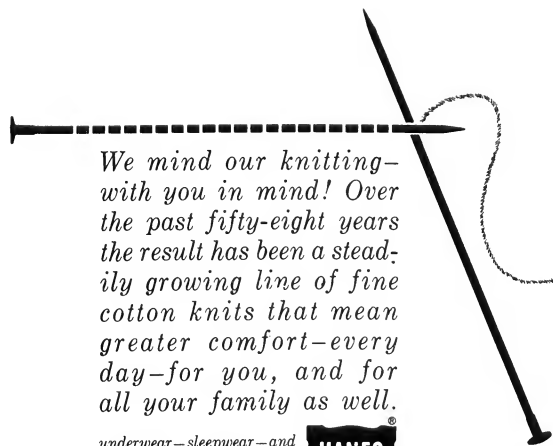
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